

NY STATE DEPARTMENT OF TRANSPORTATION BIKE PATHS

If a DOT Designated Bike Path is provided along highways, bikers are required by law to use it and not the main highway lane.

RTE. 28N/30 AND RTE. 28 NORTH CREEK LOOP

The entire distance to North Creek via Blue Mountain Lake is designed for the bike enthusiasts with designated bike routes marked on the road shoulders.

From Long Lake, this loop follows Rte. 28N/30 south to Blue Mtn. Lake, then along Rte. 28 east through Indian Lake and on to North Creek. Turn left in North Creek onto Rte 28N and return to Long Lake Minerva and Newcomb.

Don't miss the Adirondack Museum in Blue Mtn. Lake about 1/4 mile past the State Trailhead. There are two major down hill grades (Blue Mtn. and North River Hill) and one major uphill (Minerva Hill). The round trip is approximately 80 miles.

ROUTE 28N TO NEWCOMB is not officially part of the DOT designated system, but this state highway provides the bicyclist with shoulders which are wide enough to use as a bike path. There are a number of stops on the trail which will provide scenic overlooks. A round trip to Newcomb is approximately 28 miles.

RTE. 28N AND RTE. 28 SOUTH through Blue Mtn. Lake, **Raquette Lake** and Old Forge is part of the NYS DOT designated bike path system. However, the shoulders on a large part of this roadway are very narrow and it will be necessary to ride and share the normal highway lane with vehicular traffic.

RTE. 30 NORTH to Tupper Lake includes designated bike paths. Once the Hamilton/Franklin County line is reached, the shoulders are extremely wide for 7 miles, to just before you get to Tupper Lake.

RTE. 30 SOUTH TO INDIAN LAKE AND ON TO MAYFIELD are also part of the DOT bike route system and have been rebuilt with bike paths. Currently this road has large stretches that have not been rebuilt.

BACK ROADS

In Long Lake and Raquette Lake Secondary and Local roads offer the bicyclist a chance to commune with nature. With lighter vehicular traffic, wildlife is often closer to the roadway.

The **ENDION ROAD** is a winding paved town road 2 miles in length. There are no major hills on this road and

traffic is relatively light. In the fall it is an exceptionally pleasant ride as the trees actually provide a canopy of fall colors over the road in many places. This road intersects with Rte. 30 North of the village. Look for the road on the left side of the highway just north of the Kickerville Road.

KICKERVILLE ROAD is a paved town highway which provides a very easy ride with only very minor changes in elevation. The road is about 3 miles in length and like the Endion Road, provides a very colorful ride in the fall.

NORTH POINT RD. is a paved county highway which begins 3 miles south of the Town of Long Lake Office Building very sharp left hand curve in Rte 28N/30. It is about 11 more miles to the end at North Point, near the edge of Raquette Lake. On your way, don't miss Buttermilk Falls.

If you continue on the North Point Road 1.8 miles past the bridge over the Raquette River (Outlet Bay is on the left) you will find a snowmobile trail on the left side of the road. This .4 mile trail goes south to the shore of Raquette Lake providing an excellent view of Outlet Bay.

Camping is allowed on State land bordering this road. Most private land is posted. Forked Lake State Campsite is on the road to the right off North Point Rd. There is no bike trail. You must use the highway.

BUTTERMILK FALLS

Buttermilk Falls is a treat to visit any time of the year and almost every visitor to the area will make the Falls one of their destinations. The entrance to the falls is on the right side of the North Point Road, 2.1 miles from the intersection with Rte. 28N/30. A sign by a small parking area marks the entrance. This spot, with tables and fireplaces is an excellent choice for a picnic. A short walk to the falls is fine for all ages. Bring your camera as this is an excellent photo opportunity.

Care should be taken when walking near the falls at all times because of wet rocks and be extra careful during wet weather.

FORKED LAKE ROAD is a 2 mile long paved road off the North Point Road which ends at the Forked Lake Campsite.

In the spring and fall when there is little traffic, the Forked Lake Road is a nice place to ride. This area is great for all ages and provides much opportunity to see wildlife without having to go on rough trails. The road does get busy in the summer. When the campsite is closed (early

spring and fall, it is possible to cross the dam (you'll have to walk your bike) and ride the trail about 1.2 miles to the end of the trail.

Take Rte. 28N/30 south from Long Lake village to the North Point Road. The Forked Lake Road will be on the right about 5 miles from Rte 28N/30.

SABATTIS ROAD is about 6 mi. northwest of the Long Lake Hamlet on left side of Rte. 30. You can then ride about 12 more miles to the end of the road where there are abandoned railroad tracks which were part of the Adirondack Railway that ran from Utica to Lake Placid. About 2.4 miles west of the entrance to the Whitney Headquarters Complex the road turns to gravel.

For a shorter ride you can take the part of Sabattis Rd. that loops back to Rte. 30. There is no bike trail here. You must use the highway.

MOUNTAIN BIKE TRAILS

It is permissible to ride any marked trail in the Long Lake & Raquette Lake area except the Northville-Placid Trail and those trails that cross State Land classified as Wilderness. As usage dictates, review of the trails will be made and other trails may be restricted. Please obey all NYSDEC signs.

LAKE EATON/ENDION ROAD—about .5 miles to Lake Eaton, 3.5 miles to Lake Eaton Campsite from the trailhead on Endion Rd.. Not Rated.

The trailhead is reached by going north on Rte. 30 from the village and turning left on to the Endion Rd. The trailhead is on the right side of the Endion Road, 1.6 miles from Rte. 30 on a sharp curve. There are signs directing the visitor to the proper trail. This trail skirts the western shore of the Lake.

LAKE EATON-BIG BROOK LOOP—4.0 miles for the loop, This is a good trail for almost everyone. Start at the entrance to the Lake Eaton Campsite on Rte.30, 2.25 miles from the Long Lake Town Hall. Go down to the end of the road where the trail enters the woods. This trail winds around to Rte. 30. CROSS THE HIGHWAY and continue on the trail as it loops back to the Campsite entrance. An especially pretty trail in the fall.

SARGENT PONDS—The Sargents Ponds trails offer an excellent opportunity to bike through the woods on well marked, fairly level, pathways. Separate trails lead to Upper and Lower Sargent Ponds with a connecting trail between them. The trailheads are reached by taking Rte. 28N/30 south from the village to the intersection with the North Point Road (Buttermilk Falls Rd.) continue on the North Point Road past Buttermilk Falls (stop and view this

area attracton) and the Forked Lake Campsite. The trailhead to Upper Sargent Pond is 6.3 miles from the intersection of Rte. 28N/30 and Lower Sargent Pond trailhead is 7.9 miles from the same intersection. There is a minimal elevation change on the trails. There are a few steep grades and the loop, if taken, is best started from Lower Sargent Pond.

- Upper Sargent Pond is well marked with snowmobile trail markers and with hiking trail markers. The trail leads south through a stand of hardwood and then skirts a evergreen marsh. The trail comes to an intersection. The left fork will lead you to Upper Sargent Pond.

- Lower Sargent Pond via Grass Pond is also marked with both snowmobile and hiking trail markers, leads primarily through hardwood stands with occasional stands of softwoods. As you near Grass Pond, the trail turns marshy and veers to the west around beaver flows. There is a lean-to on Lower Sargent Pond which is available on a first-come, first-served basis.

- Sargent Pond Loop It is possible to make the Upper and Lower Ponds into a loop by way of the trail via Middle Pond. Use the marked snowmobile trail north of the ponds to make this connection.

WILLIAM C. WHITNEY WILDERNESS AREA is closed to all biking.

However, the headquarters area make an excellent starting point for a 16.6 mile ride to Lake Lila. It has been rated as intermediate and the overall terrain you will encounter is gently rolling with a couple of short, rather sharp hills.

Drive North out of the Hamlet of Long Lake on Route 30. Turn left onto the Sabattis Road. At approximately 3 miles there is a fork in the road. Take left fork. You will come to the headquarters area on your left or south side of the road approximately 5 miles from Rte 30.. There is a parking area at the headquarters area.

Ride your bike back out the driveway and turn left (west) onto the Sabattis Road. You will ride approximately 1.5 miles on paved road which then turns to a graveled surface. Continue for about 3.1 miles. The left hand turn to the Lake Lila Road is at the bottom of the hill on your left. Take this road for about 5 miles to the Gate. You can not continue past the gate.

If you wish, you continue to the end of Sabattis Road from the Lake Lila intersection. It is gravel all the way and the view of Bear Ponds is one of the nicest in the area. The

railroad tracks are about 3.7 miles from the Lake Lila intersection. This ride is easier than the ride into Lake Lila. Retrace your course back to Headquarters.

RAQUETTE LAKE

SUCKER BROOK BAY—6.6 miles, gentle rolling terrain Rated Beginner to intermediate. Recently re-opened when a bridge was replaced, this trail starts at the yellow barrier gate on the north side of the Uncas/Browns Tract Road between upper and lower Brown Tract Ponds. At approximately .9 miles, you will cross the trail from Brown Tract Campsite to Shallow Lake. At a little over 3 miles, you come to Sucker Brook Bay of Raquette Lake. You will pass a number of trails on your left as you ride toward Raquette Lake. These trails enter the Pigeon Lake Wilderness area and are closed to biking.

MOHEGAN LAKE—2.8 miles, relatively level. To access this trail, turn south on the Sagamore Road at Rte. 28 in Raquette Lake. Continue to 0.5 miles past South Inlet, following the directions to the start of the Sagamore Lodge tour. Opposite of where the tours start is a public parking lot. Walk back to the main road and turn right. Continue to the gate where the trail starts.

SAGAMORE ROAD/UNCAS ROAD/ROUTE 28 LOOP—14 miles, Not rated. Mtn. Bike Only

- **Sagamore Roads toward Uncas**—Leaving Sagamore go left on the dirt road. At .2 miles the road splits with both forks gated. Go through the one on the right. It says Private Drive, but it is open to bikes. After 1.6 miles of mostly uphill travel look for a brown and yellow TRAIL sign pointing to the right. Veer to the right as the road turns to the left.
- **Bear Pond Hunt Club Road**—As you turn right of the road from Sagamore and you will come to a gate that can be ridden around on the left. Follow this rocky road for awhile and you come to a bridge. As you climb up a slight incline away from the bridge look for a TRAIL sign on the left side of the road pointing to the right. The trail on the right is flagged at the beginning with a yellow and red tape. Keep a look out for this junction as it is frequently missed. The road is rocky as you approach and the right turn off is sharp.
- **Old Uncas Road**—As you leave the hunt club road you enter a great little section of single track that brings you out on the Old Uncas Road, which is a snowmobile trail. This is a very easy trail to follow that goes through mud, rocks and over fallen logs. The trail is maintained, but trees come down often. There are several bridges out but they all can be navigated while carrying your bike. The last one you come to is not visible until you are

close to it. Be careful here because the washed out bridge is abrupt after a good section of downhill trail. Soon after you cross this last bridge you come to a gate that can be ridden around. Then you will be at Rte 28.

At this point you can turn right on Rte 28 towards Raquette Lake to complete the 14 mile loop. Take a right on Sagamore Road when you come to it. Another option is to cross Rte 28 and enter 8th Lake Campground to make your ride about 22 miles.

SAGAMORE ROAD/BROWNS TRACT/UNCAS RD/RAQUETTE LAKE—This is the continuation of the above trail.

- **8th Lake Camp Ground**—Follow the main road through the campground. At the point where the road takes a left turn, a wide trail starts straight ahead of you. Take this route and you soon pass over a bridge. At the first fork you come to bear left. The right is a spur trail to Eagle's Nest Lake. At 2.7 miles you come to a trail junction for Black Bear Mountain. Follow the signs to Uncas Road (AKA Browns Tract Road). At 3.5 miles from Rte 28 you meet a dirt road, Uncas Rd.
- **Uncas Road/Browns Tract Road**—Take a right onto the dirt road in about three miles you reach Upper Browns Tract Pond on your left. This is a great place to cool off and take a dip. There is a beach close to the road. Continue on the trail for about a mile and you will pass the Brown Tract State Campground. At about 2.9 miles from Upper Brown Tract Pond, you will intersect with the Antlers Road. Turn right and continue through the Hamlet of Raquette Lake to Route 28.

Old Dump Road/Old Uncas Road—A more enjoyable alternative to the road past the Campsite is on the right, across the Upper Pond (it's near the trailhead for the Sucker Brook Trail.) This dirt road, is known locally as the the Old Dump Road and is an easier route into Raquette Lake, which is reached in 2.5 miles. The end of the Old Dump Rd. becomes Dillon Road. Once you pass the library (on your left as you reach the hamlet) take a right on the pavement and curve past the Raquette Lake Supply building. This road leads you to Rte 28. If you need more water, there is a water fountain with a hose by the softball field on Rte. 28.

- **Sagamore Road**—The dirt road continuing across Rte 28 will lead you back to Sagamore in about 4 miles. This road can have heavy traffic so be aware.

DON'T MISS GREAT CAMP SAGAMORE the most studied and carefully preserved "Great Camp" in the Adirondacks. Sagamore will maintain its authenticity and become more important in the future as the one authentic Adirondack Camp. It also an unusual landmark in that it allows the public to stay in its historic buildings for residential programs.

Seventh Lake Boat Launch - Mohegan Lake via Buck Creek Trail 4.2 miles, 2 hours, 400 foot elevation change

Start across Rte. 28 from the boat launch. This trail has some very difficult and poorly marked stretches. The area has a number of logging roads. The trail crosses a number of marshy areas and beaver ponds which must be skirted during periods of high water. After a ride of 4.2 miles you will intersect the Uncas Road South trail.

RAQUETTE LAKE TO EAGLE BAY—Distance: 8.5 miles. (The loop around Lower Brown Tract Pond adds 2 miles.) Difficulty: Beginner This is an easy ride on an improved secondary road (both paved and gravel). The lower pond loop is an unimproved road and trail. Access to the trail from Raquette Lake is via the Antlers Road to the Browns Tract Road. Access to the trail from Eagle Bay is the Uncas Road.

NEWCOMB LAKE ROAD (SANTANONI GREAT CAMP) - 5 miles (one way). Difficulty: Beginner/Intermediate with gently rolling terrain. Mtn. Bike Only. To reach the access to this trail is drive east on Rte 28N out of Long Lake. At about 12.6 miles you will see the Adirondack Visitors Center on your right side. One mile past the point the Santanoni Preserve headquarters in on the North Side of Rte. 28N. This trail is a roadway closed to all motorized vehicles except DEC. It is carefully maintained and provides an excellent ride for either individuals for a family outing. While the trail is open only to DEC maintenance vehicles (they're very rare) riders should be aware that the trail is open to horses, horse drawn wagons/carriages and hikers. It is a very popular spot so be prepared. There is an superb view of the high peak area at the end of your ride.

BICYCLING

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LONG LAKE & RAQUETTE LAKE



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